

PEDAL FORWARD FOR CHANGE

Bike to Work Week

May 13-19, 2024

Grab your bike and join the world-wide movement to improve the environment and your health!



Craig Guy,
Hudson County
Executive

**Try Biking
to Work 1 Day
Per Week**

It's a pedal in the
right direction!

**Can't Bike
to Work?**

Pledge to use your
bike this week for
errands.

**Pledge to
Bike More Often**

Join the ranks of thousands
who are using their bikes
more than ever.

It's not just for recreation.

Sign the pledge at

hudsontma.org

Already biking to work?

Let us support you as a
bicycling commuter,
register online to enter for
a chance to **win a free gift.**

hudsontma.org



Presented by Hudson TMA

A Division of the Hudson County Improvement Authority

201.324.6222 hudsontma.org



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