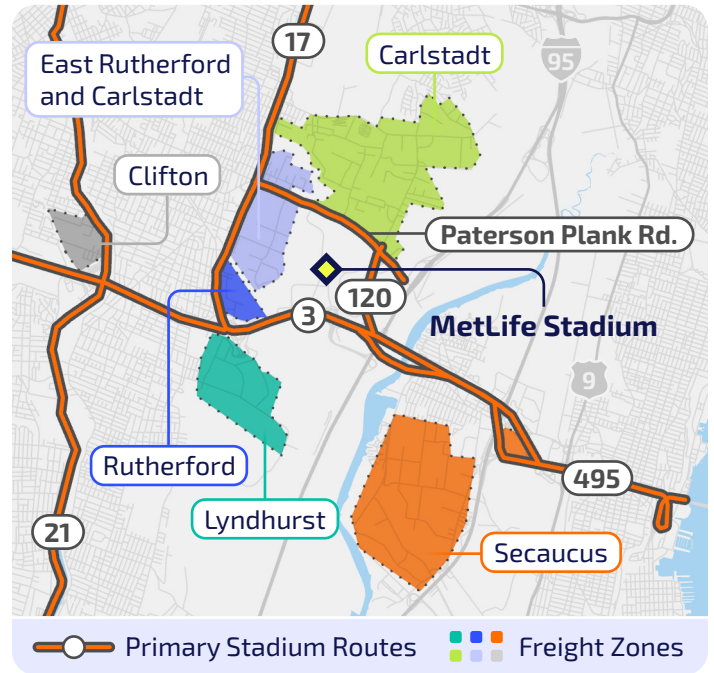


Freight Transportation Guidance for FIFA World Cup Events at MetLife Stadium

For six weeks in June and July 2026, FIFA World Cup will be hosted at MetLife Stadium, including **eight match days** and the **World Cup Final on July 19**. Transportation conditions in and around the stadium are expected to be significantly impacted on match days, with substantial disruptions anticipated.

Freight and delivery operators should be aware of specific dates and times when travel will be especially challenging, as outlined in the match schedule below. These conditions should not be viewed as routine congestion. **Match-day traffic is expected to resemble the impacts typically associated with major emergency situations or severe weather events**, with limited opportunities to recover once congestion develops.



To help maintain delivery reliability and reduce delays, the New Jersey Department of Transportation (NJDOT) strongly encourages freight stakeholders to **consider adjusting delivery windows, rescheduling non-essential trips** outside peak match periods, and **identifying alternate routes** where feasible. Proactive planning will be essential to minimizing operational disruptions.

KEY Expect Congestion and Disruptions MetLife Stadium Opens Match Time

Match Details			Timeline															
			AM 9:00	10:00	11:00	PM 12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00	11:00	AM 12:00
Group	Sat, June 13	6:00 PM																
Group	Tue, June 16	3:00 PM																
Group	Mon, June 22	8:00 PM																
Group	Thu, June 25	4:00 PM																
Group	Sat, June 27	5:00 PM																
Round of 32	Tue, June 30	5:00 PM																
Round of 16	Sun, July 5	4:00 PM																
Final	Sun, July 19	3:00 PM																

